



## Session: Building a Culture of Spiritually Attuned Leadership

### Overview:

Through hands-on practice and guidance, this workshop will help you and your team tap into more of God's wisdom, peace and courage to discern the path forward in your daily work. Outcomes: 1) Gain wisdom to help build a team culture of spiritual attunement, belonging, trust and empowerment, 2) Learn an attunement exercise to help you discern the path forward for specific situations, and 3) Practice facilitating this exercise for others, learning to empower versus problem solve for others.

### Outline:

- Tracy will share Attune's take on:
  - What is spiritual attunement?
  - How do we cultivate a team culture of spiritual attunement?
  - How does this foster empowerment, trust and belonging?
- The group will practice a spiritual attunement exercise for the hour-by-hour challenges and opportunities we face in our daily leadership.
- In breakouts, people will practice creating a conducive space for spiritual attunement, which involves quieting our tendencies to give advice and attempt to solve each other's problems.

### Core Take-Aways:

- Spiritual attunement refers to our abilities to hear God's guidance and align our response with it. Spiritually attuned leadership includes our practice of letting God set our priorities, outlooks and agendas for our work.
- Building a culture of spiritually attuned leadership:
  - Allows the Lord to "build the house," such that we don't "labor in vain".
  - Empowers each person to discern their own path forward, which is especially important in volatile, uncertain, complex & ambiguous contexts.
  - Fosters a trust-worthy space where people feel safe to open up more deeply and authentically – to God, to themselves and to each other – including an increased ability to name things that are broken, share deeper thoughts, feelings & motivations, and share ideas that are not yet fully formed.
  - Opens up each person's ability to experience God's guidance as he calls them into his story of redemption in and through their daily work, helping them awaken further into their role and belonging within the Body of Christ.
- We learn spiritual attunement the same way we learn just about everything - through practice and repetition. We build group culture the same we build just about all of our social norms – through practice and repetition.
- We encourage spiritual attunement within the team when we create space for noticing and discerning, and resist tendencies to give advice or problem solve for each other.

### Resources to Go Deeper:

- Audio-guided attunement exercises:
  - Attune has created a number of audio-guided attunement exercises, including *Wisdom from Above*, which you can access [here](#).
  - With practice & repetition, these exercises will help you build the muscles, movements and postures of attunement.
  - You're encouraged to practice these exercises on your own, and with your team – creating additional space to practice listening deeply and well as each person is invited to share from their experience.
- [Attune](#) also facilitates individual and team sessions to help people grow in their abilities to discern and follow God's guidance for their current leadership challenges and opportunities.